

# PHA Support Group In-Person Meeting Policy

The Pulmonary Hypertension Association continues to strongly encourage vaccination, masking and other proven methods to prevent the spread of the COVID-19 virus while allowing event\* participants some flexibility.

1. **Vaccination:** We urge all event participants to be up to date on their COVID-19 vaccinations, which protect against serious illness, hospitalization and death. It is important to note that people with pulmonary hypertension, who may be moderately or severely immunocompromised, have [different recommendations for COVID-19 vaccines](#). Please follow these recommendations to protect yourself and your loved ones.
2. **Negative test:** Attendees who show any symptoms (fever, cough, fatigue, loss of smell/taste, etc.) are urged to test for COVID-19 within 48 hours of the event. Only attendees who are symptom-free at the beginning of the event may attend. If symptoms develop during the event, attendees must immediately isolate and test.
3. **Masking and social distancing:** Tight-fitting N95 or KN95 face masks have been effective in slowing down transmission. For this reason, we strongly encourage attendees to wear them during events. Social distancing is also encouraged. Please note that PHA does not provide masks.

Virtual events will continue to be an option. PHA reserves the right to restrict or relax this policy based on viral activity at the time, immediately before and during an event. PHA will support group leaders who wish to continue requiring masking and/or vaccination at their meetings.

\*PHA events consist of any meeting or gathering of patients, caregivers and/or health care professionals hosted, sponsored or sanctioned by PHA.



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<https://phassociation.org/support/pha-support-group-in-person-meeting-policy/>