

Follow These Steps to Secure a Proclamation

1. Find your local elected officials

For a city proclamation, determine who is your Selectman, Alderman, County Commissioner or City Councilor. This can be done by visiting your city or town's website or contacting the city or town clerk's office and telling them where you live and asking who represents you. Ask the clerk for the best way to contact your elected official.

For a state proclamation, visit your state's website or contact the governor's office and ask who should be contacted to request a state proclamation.



2. Contact your local elected officials

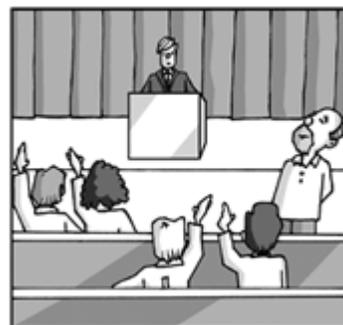
Call, email or write a letter to your elected official and tell him or her about PH and your connection to PHA. Tell the elected official about Pulmonary Hypertension Awareness Month and ask if the council or the governor would consider declaring November "Pulmonary Hypertension Awareness Month." Keep in mind that many proclamations can be obtained completely via email.

Contacting local officials is easy! If your local officials ask for sample proclamation language, send them PHA's proclamation template, available at: www.PHAssociation.org/Awareness.



3. Stay active throughout the process

The board/council may take a vote on the issue, and you should be present for that vote. Bring support group members, friends and family to show that living with PH affects many people, not just the patient.



4. Publicize the proclamation

Ask the issuing body if they will be informing members of the press. If not, work with PHA to create a press release. Contact: Awareness@PHAssociation.org. If press will be there, be prepared to seize the opportunity to tell them about PH and the proclamation. Being present at the reading of the proclamation can increase the chances of getting press coverage.



5. Get a copy of the proclamation

Once the board has named November Pulmonary Hypertension Awareness Month, the proclamation will become part of the public record and may be read at the town or council meeting. Make sure to get a hard copy of the proclamation, for your own records and to share with PHA.



6. Tell PHA

Send a copy of the proclamation, media release, and samples of any press coverage generated to PHA at: Awareness@PHAssociation.org.

