



Teen Transition Guide

Ages 15 – 16 (Mid Adolescence)

- I speak up in my doctor visits: I ask questions, and am involved in making decisions about my healthcare
- I know the names and purposes of the tests that are done
- I know my medical/surgical history

The Teen Transition Guide has been adapted from the Vera Moulton Wall Center for Pulmonary Vascular Disease at Lucile Packard Children's Hospital. The adaptation was reviewed by Robert Schilz, DO, PhD, Dunbar Ivy, MD and Michelle Ogawa, CPNC-AP.

To review Conflict of Interest Disclosures for PHA's medical leadership, visit: [Disclosures](#)

Last reviewed April 2013