



Teen Transition Guide

Ages 18 – 21 (Young Adult)

- Independent clinic visits
- Independent with medications
- Continue to make healthy and common-sense choices about friends, drinking, and smoking
- Independently monitor medications and supplies
- Call pharmacy when refills are needed
- Secured financial coverage or insurance

The Teen Transition Guide has been adapted from the Vera Moulton Wall Center for Pulmonary Vascular Disease at Lucile Packard Children's Hospital. The adaptation was reviewed by Robert Schilz, DO, PhD, Dunbar Ivy, MD and Michelle Ogawa, CPNC-AP.

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