

Selexipag (Uptravi®)

Description

Selexipag is a medication used to treat pulmonary arterial hypertension, a type of high blood pressure in the lungs that affects heart function. Selexipag works by causing the blood vessels in the lungs to relax, resulting in a decrease in pressure and improvement in heart function.

How It Is Administered

Selexipag is a tablet taken by mouth. It is usually taken two times each day. It comes in many different dosages and can be changed frequently to be effective.

Side Effects

- ◆ Headache
- ◆ Jaw pain
- ◆ Muscle pain
- ◆ Pain in arms or legs
- ◆ Pain in joints
- ◆ Decreased appetite
- ◆ Diarrhea
- ◆ Nausea
- ◆ Vomiting
- ◆ Flushing
- ◆ Low red blood cell count
- ◆ Rash

Selexipag is started at 200 mcg two times a day and is increased by 200 mcg twice a day every week to maximum tolerated dose or up to a maximum dose of 1600 mcg twice a day. This medication can be taken with or without food. Taking selexipag with food may help to improve tolerability. These tablets should be swallowed whole; do not crush, split or chew.

If a dose is missed, the student should take the missed dose as soon as possible. The student may always have very mild side effects, such as mild flushing or loose stools. If symptoms or side effects are severe, or if you are concerned about any other side effects that the student might be having, contact the student's parents or emergency contact person.

Additional Information

Loperamide/Imodium can be used for diarrhea and Tylenol for headache.

If the student takes too much selexipag, call 911.

Quick Reference Information:

- ◆ Can be taken with or without food. Taking selexipag with food may help to improve tolerability.
- ◆ Swallow tablets whole. Do not split, crush or chew tablets.
- ◆ If the student misses a dose, have the student take as soon as they remember. If the next scheduled dose is within 6 hours, skip the missed dose and have the student take the next dose at the regularly scheduled time.

A list of side effects experienced by the student and treatments for these side effects are listed below.

Student's Side Effects and Treatments

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