



Debunking PH Myths and Misconceptions

2018 PHA on the Road – Milwaukee

Session Description

Tips you may hear from your friends, social media or through the grapevine may not be reliable. Talking to others about PH can be a great way to learn new information, but that information is not always medically accurate. Additionally, PH affects different people in different ways. Panelists will discuss and debunk common PH myths, rumors and misconceptions and will discuss strategies for navigating online resources for information. Be sure to come armed with questions and myths you have heard!

Learning Objectives

At the end of the session attendees will be able to:

- Identify common myths associated with pulmonary hypertension and the facts about these myths.

Myths vs. Facts

During this session, please feel free to use the worksheet below to organize your thoughts, questions and myths. Record the facts on the right hand of the worksheet to take back to your loved ones, friends or support group. Example myths to be discussed and dispelled are included below to get the conversation started.

MYTHS	FACTS
PAH is very common, and I can go to any hospital and they will know what to do.	Advanced PAH care is provided in specialized centers.
If I am treated for PAH with medications, I will no longer need supplemental oxygen.	Oxygen may be required and will be case-specific.
It is just “a little leak” and I feel fine, so I don’t think I need to report a problem with my infusion line.	Any leaks from indwelling catheter and insertion site need to be reported to your PAH team right away.

Additional Resources

<https://www.PHAssociation.org/Patients/>

<http://www.PHAClassroom.org/>