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The PHA Wallet Card describes PH, including common symptoms and risks and directs readers to the PHA website to learn more about the disease. It can even be given to people who may be at risk for developing PH from an associated disease or who exhibit symptoms, because the card also states that people with PH are not alone and that PHA can help.

<p>Pulmonary hypertension (PH) is high blood pressure in the lungs. It is a life-threatening, progressive lung disease. There is no cure.</p> <ul style="list-style-type: none">• PH is a rare, often-misdiagnosed disease.• PH symptoms include shortness of breath, dizziness and fatigue.• PH affects people of all ages, races and ethnic backgrounds.• PH can lead to right-heart failure if untreated.• PH can be an invisible disease. People with PH often don't look sick.  <p>PHA Pulmonary Hypertension Association Empowered by hope</p>	<p>Living with pulmonary hypertension can be isolating, but people with PH aren't alone. The Pulmonary Hypertension Association is here to help.</p> <p>PHA's mission is to extend and improve the lives of those affected by PH. PHA is the world's largest and oldest patient-centered association of adults and children with PH, their families, caregivers, health care professionals and researchers.</p> <p>PHAssociation.org/AwarenessMonth</p> <p>  @PHAssociation  PulmonaryHypertensionAssociation</p>
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