



Dear Parent,

This guide is designed to educate your child's teachers and school staff about pulmonary hypertension (PH). The Pulmonary Hypertension Association recommends contacting your child's school before the academic year begins to schedule a meeting with school staff who will work with your child. Those staff may include teachers, school nurses, office employees and others. Before the meeting, use this guide to create a personalized overview of your child's medical needs. Then ask each of your child's educators and school staff to review it.

To personalize the Pulmonary Hypertension School Resource Guide, download the following documents:

- Letter to your child's school and PH fact sheet.
- Emergency 101 flier for emergency medical professionals.
- Medication list and activity restrictions.
- Medication sheets applicable to your child.

Fill out the forms to customize the documents for your child. Print copies for each staff member who will work regularly with your child. Provide extra copies for substitute teacher information packets.

In the meeting with your child's school staff, consider:

- Providing a brief overview of PH and your child's normal symptoms.
- Demonstrating your child's medication and equipment (if your child has complex medications with IV pumps, consider asking your specialty pharmacy if they can help with the demonstration).
- Discussing the circumstances when the school should contact your child's the primary care physician, PH physician or nurse.
- Review your child's 504 or Individualized Education Plans.

Remember: Your child has the right to an education under the American with Disabilities and Individuals with Disabilities Education acts.

We hope this packet will improve school staff's understanding of PH and your child's needs. If you have questions about this information, please contact your PH physician or nurse.

For more information about this guide or other PHA pediatric resources, contact Kids@PHAssociation.org or call 301- 565-3004 x800. We wish your child a happy and successful school year!

Sincerely,

Education Committee of the Pulmonary Hypertension Professional Network
Pulmonary Hypertension Association

PHAssociation.org