



Dear school staff:

This guide is to help you understand a disease called pulmonary arterial hypertension, which affects a student in your school. The student's health care team and parents may provide additional information about PH and the child's needs. Please meet with the student's parents to discuss their concerns.

PH means high blood pressure in the lungs. While there is no cure, several medications are used to treat a form of the disease called pulmonary arterial hypertension (PAH). The student may take one or more medications. The medications must be administered exactly as prescribed to control pressure in the lungs and heart. Specific information about the student's medications is included in this guide.

Many medications can interact with each another or worsen PAH. It's critical that the student receive only medications approved by the parents and physician and listed on the medication form (including over the counter medications). If you have to contact emergency services, please provide a copy of the enclosed Emergency 101 Flyer for Medical Professionals.

It's important that all staff are aware of the student's PAH. Don't hesitate to contact parents, physicians and nurses to answer questions and provide further education. The student with PAH should continue his or her education and socialize in a positive, safe environment within the school.

This packet includes a brief overview of PAH. To learn more about pulmonary hypertension and access educational materials, including psychosocial resources, dvisit www.PHAssociation.org.

Sincerely,

Education Committee of the Pulmonary Hypertension Professional Network
Pulmonary Hypertension Association